

# Ivybridge Walking & Outdoor Festival Events List, 24<sup>th</sup> April – 3<sup>rd</sup> May 2010

## Saturday 24-April

**08:00: 7hr Walk, Erme-Plym Valley Trail.** Coach from Watermark, Ivybridge. 14 miles. Bring a packed lunch. Booking essential at Natures Larder 01752 894197. Leader Mark Walker. £6.00 (concessions)  
(IWC) [www.iwc.org.uk](http://www.iwc.org.uk)

**10:30: 2.5hr Activity, Introduction to Nordic Walking (Lydford High Down)** An opportunity to try out a new sport on Dartmoor and increase your fitness. Nordic walking engages the muscles of the upper body and therefore burns more calories than ordinary walking. Cost £6.00 which includes tuition and the use of poles. Booking essential 01822 615513.

**10:30: 6hr Activity, Improvers Navigation (Princetown)** Brush up on your navigation skills, bring a map (Exp OL 28) and compass if possible, a packed lunch and a drink. £15.00 Book on 01822 890414.

## Sunday 25-April

**10:00: 4hr Walk in the Dart Valley** – meeting place Badgers Holt car park, Dartmeet. Grid Ref SX 671 731 ( IWC ) Leader Nigel [www.iwc.org.uk](http://www.iwc.org.uk) Free

**10:00: 6hr Walk Brent Moor & More** Meet South Brent. Guide: B Davies £8.00( DNPA ) Info on 01822 890414.

**10:30: 3hr Walk - Exploring Holne Moor.** Meet Coombstone Tor £5.00( DNPA ) Info on on 01822 890414.

**14:00: Lukesland Garden Open Days. Ivybridge.** The 24 acres of garden is based around numerous islands and bridges, with a cascading waterfall, which makes it great fun for all age groups to explore. Open 2pm-6pm Sundays Wednesdays and bank holidays. Adults £4.00 Children U16 Free. More information at [www.lukesland.co.uk](http://www.lukesland.co.uk) (external link, opens new window) or 01752 691749.

## Monday 26-April

**10:30: 4hr Walk, Archaeology of the Plym Valley (Cadover Bridge)** £6.50(DNPA ) Info on 01822 890414.

**19:15 : 1hr, Run/Walk HASH** 6/3 miles Teign Valley Hash House Harriers. [www.tvh3.org.uk](http://www.tvh3.org.uk) for details.

## Tuesday 27-April

**10:30: 4Hr Walk – Bronze, Tin, Peat Clay Granite & Man:** Ivybridge Railway Station £6.50(DNPA)  
Free to those arriving by public transport. Guide Mark Walker 01752 897034

**18:00: Run, Training**, 6-10 miles. Meet Ivybridge Leisure Centre. Erme Valley Harriers; visit <http://www.ernevalleyh.freeseve.co.uk/> for further details.

**19:30: 1hr Run/Walk -HASH**, Ashburton Hash House Harriers. <http://ashburtonh3.spaces.live.com>

### **Wednesday 28-April**

**14:00: 2hr Walk, Archaeology of the Southern Moor** (Lukesland Gardens, Ivybridge). Meet at Lukesland Gardens (By kind permission of the Howell family). DNPA Adults £ 3.00, children 14 and under free. (DNPA ) Info on 01822 890414.

**19:30: 1hr, Run/Walk - HASH**, South Hams Hash House Harriers. For further details, visit [www.sh4.org.uk](http://www.sh4.org.uk)

### **Thursday 29-April**

**10:30: 6Hr Walk – Bronze, Tin, Peat Clay Granite & Man** Ivybridge Railway Station £8.00( DNPA)  
Free to those arriving by public transport. Guide Mark Walker

**18:45: Tennis, “Hit and Hoppers”**. South Devon Tennis Centre, Ivybridge. For more details tel 01752 893700 [www.southdevontennis.co.uk](http://www.southdevontennis.co.uk)

### **Friday 30- April**

**16:30 – 20:00: 3.5hr Evening Walk** - Meet Watermark, Ivybridge ([map](#)). ( IWC ) Leaders Mo and Jan. [www.iwc.org.uk](http://www.iwc.org.uk) Free

### **Saturday 1- May**

**09:00: 26miles Salcombe Coastal Marathon** For more information visit [www.salcombecoastalmarathon.com](http://www.salcombecoastalmarathon.com) or email [stewartbondi@sky.com](mailto:stewartbondi@sky.com).

**10:00: 4hr Walk - River Erme** - Ivybridge to Mothercombe over Flete Estate (permission courtesy of A.Mildmay-White) 9 miles Debrief with tea and cakes at Old School House. ( IWC )Leader Amanda Pellatt [www.iwc.org.uk](http://www.iwc.org.uk) Free

**14:00 :2hr Stroll – Discover the Dam** - Shipley Bridge £3.00( DNPA ) Info on 01822 890414.

### **Sunday 2` May**

**10:30 : 6 Hr Walk – Archaeology of the Two Moors Way** £8.00 ( DNPA ) Info on 01822 890414.

**11:00 2hr Walk – Erme Valley & Henlake Down** IWC Leader Mark Walker 01752 897034  
[www.iwc.org.uk](http://www.iwc.org.uk) Free

### **Monday 3-May**

**10:30 3Hr Walk – Venford Reservoir** £5.00 ( DNPA ) Info on 01822 890414.

More walks will be added. Please see [www.iwc.org.uk](http://www.iwc.org.uk)

There will be a **South Devon Walking Festival** from 25<sup>th</sup> September to 3<sup>rd</sup> October 2010. For more details on the AONB, please visit <http://www.southdevonaonb.org.uk/>